

## Quiet Time Study

Study the following passages; feel free to add other passages that you feel are relevant to the subject. The following will hopefully be helpful guidelines for your study.

- A. Write out what you think each passage is saying in your own words.
- B. Note any promises, commands, examples, attitudes, and guidelines for action.
- C. Ask the “W” questions: Why, what, who, where, when, and write down your observations.
- D. List all purposes, or reasons, or functions for a Quiet time.
- E. Consolidate all of your observations into an outline.
- F. Evaluate your own life as to how well the above mentioned functions are being accomplished in your own life. What would you like to improve? What practical steps are you going to undertake in order to accomplish your desired improvement?
- G. Evaluate the life of someone you are discipling as to how well the above things are functioning in his/her life. Then devise a plan whereby you would help this person improve his/her quiet time.
- H. What are the best five to ten verses on this subject from your point of view. Note, I said from your point of view. Different people will list different verses because most likely God will have used different verses to speak to our hearts, but because these verses have changed our lives they are the best ones for us to use in discipling others. Others will sense the enthusiasm, and the conviction we have as we share these verses.

Psalms 5:3

Psalms 16:11

Psalms 17:15

Psalms 27:4, 8,14

Psalms 29:1,2

Psalms 37:4,5,7

Psalms 42:1,2

Psalms 46:10

Psalms 62:5

Psalms 63:1

Psalms 88:9,13

Psalms 91:1,2

Psalms 105:4

Psalms 113:1-4

Psalms 119:17,18

Psalms 119:59,60

Psalms 119:162

Psalms 139:23,24

Psalms 143:8

Psalms 145:1,2

Isaiah 1:18

Isaiah 50:4

Isaiah 55:2,5,6,10

Jeremiah 2:17

Jeremiah 29:13

Job 23:12

Exodus 16:4

Exodus 33:11

Exodus 34:29

Daniel 6:10

Genesis 3:9

Genesis 19:27

Genesis 24:63

Proverbs 8:30,34

Hosea 6:2,3

Acts 4:12

Acts 16:13

1Cor. 1:9

2Cor. 3:18

Hebrews 4:16

Hebrews 10:19-22

Mark 1:35

Luke 5:16

Luke 9:23

Deuteronomy 8:3

Matthew 4:4

Matthew 6:6

Acts 17:11

John 15:5,9